Easy-to-use tools that help you save money and time on your prescriptions

> "I looked up my allergy medicine and found a generic that costs less."

> > - Website user

"I used the app to show my doctor which strength of blood pressure medicine I was taking."

- Mobile app user

## **Checklist** to help you stay well ahead

- □ Use your member information on your ID card to register on the website
- Download the mobile app: scan the QR code or search for OptumRx/CatamaranRx on the app store
- □ Compare your prescription costs with Price and Save and find the lowest copay
- □ Go generic when possible
- □ Enroll in home delivery if you take maintenance medication



OptumRx specializes in the delivery, clinical management and affordability of prescription medications and consumer health products. We are an Optum<sup>™</sup> company — a leading provider of integrated health services. Learn more at optum.com.

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SAVE MONEY & — STAY **HEALTHY** 



# Get the most value from your pharmacy benefit.

#### 🐼 Go generic

Generic drugs usually have a lower copay. Many brand-name drugs have FDA-approved generics that are safe and effective. Ask your doctor if there is a generic medicine for you.

#### lacktriangleright Shop around

Use the website and mobile app to compare costs before you fill a prescription.

#### <sup>⊕</sup> Stay in-network

Network pharmacies offer the best value. Use the website or mobile app to find a nearby network pharmacy.

### 😭 Get delivery

Home delivery of long-term medicine usually costs less than going to a retail pharmacy. Avoid lines, save gas and let us remember the refills for you.

#### S BriovaRx<sup>®</sup> Specialty Pharmacy

Highly personalized service for complex conditions including cancer, rheumatoid arthritis, Multiple Sclerosis and more. Visit BriovaRx.com

# YOUR HEALTH \_\_\_\_\_\_ is in \_\_\_\_\_ YOUR HANDS

Every day you make dozens of choices that affect your health. Our online and mobile tools help make some of those choices easier. Use these tools to:

- Find the lowest copay for your medications
- Order refills of your mail order prescriptions
- Set medication reminders
- Always have a list of your current medications available
- Manage prescriptions for family members
- Locate a pharmacy near you



#### Get the App

Scan the QR code or search for OptumRx/ CatamaranRx at the Apple App Store or the Google Play Store.



#### **Questions?**

Get help 24/7. Go online or call member services — find the website and phone number on your ID card.

### optumrx.com/myCatamaranRx

1-855-227-8568