

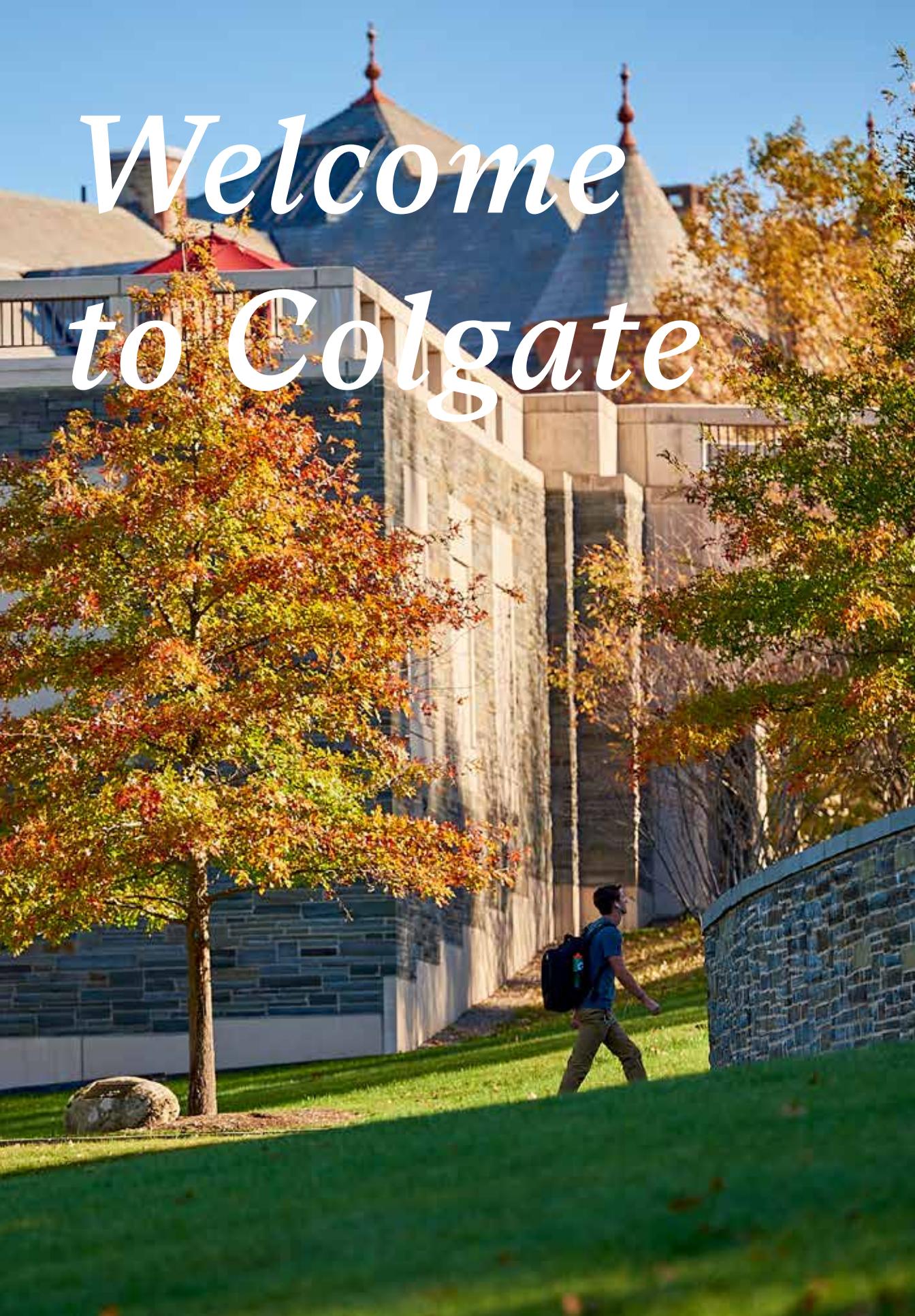
Family Preparation Guide

TIPS TO GUIDE
YOUR STUDENT'S ARRIVAL



COLGATE
UNIVERSITY

Welcome to Colgate



WELCOME TO THE COLGATE COMMUNITY

Your student's The Road to Colgate brochure and their online New Student Checklist outline all the things they need to do in the next few months to prepare for Colgate.

We know that you are an important source of support and care for them, and that you are their biggest champion. We welcome your partnership. The information in this publication and on our website (colgate.edu/parent-resources) will assist you in helping your student to make a smooth transition to college.

We look forward to welcoming you and your student to campus.

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Family Transitions



OUR PHILOSOPHY

We foster an environment where students can develop the skills and resilience they need to be independent and successful. This includes having the freedom and autonomy to manage the tasks of daily living, solve their own problems, and experience struggle, difficulty, and even failure.

This is a transition from the support that parents or guardians may have provided throughout high school. A student's college education requires more independence in order for them to grow in self-confidence, problem-solving abilities, and capacity to be highly functioning adults. We do our utmost to support them through that process and invite you to partner with us in following these principles.

Take Note

All emails from Colgate are sent to your student's @colgate.edu account. They are responsible for receiving, reading, and responding to all messages in a timely manner.

Students will be receiving emails during the summer about specific New Student Checklist items (colgate.edu/new-student-checklist). The checklist is theirs to complete on their own. A few of the checklist items will take some time to complete, such as the summer reading and response, and required online trainings. Students are encouraged to reach out to University personnel with any questions that they may have.

The checklist includes a number of required items, some of which you may want or need to discuss with your student in advance of the due dates.

SUGGESTIONS FOR PARENTS AND OTHER FAMILY MEMBERS

Taking the steps in the chart on the right will help your student make a smooth transition to life at Colgate.

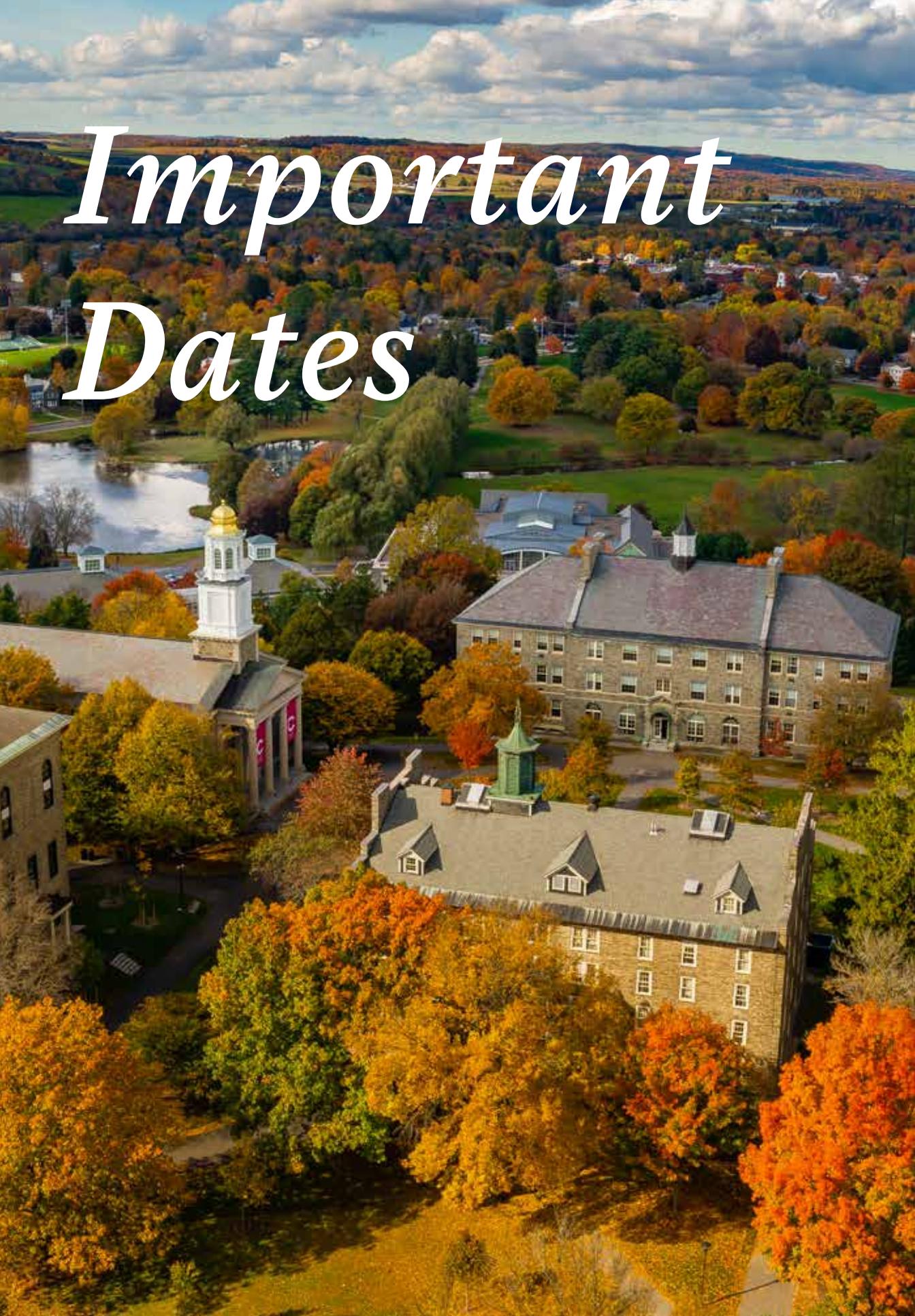
PARENT & FAMILY ORIENTATION

Coming to college represents a transition for students as well as their families. What should families expect for their student, for themselves, and from the University during this period of adjustment? Our one-hour program for family members offers constructive ways to support their students through their first weeks at college, addresses common questions, and identifies valuable Colgate resources.

The session is offered on Arrival Day as well as on pre-orientation arrival days (see pg. 9). Family members who are unable to attend one of these sessions may request a recording of the orientation.



SUGGESTED ACTION STEP	TIME FRAME
Download and review the Parent & Family Resource Guide (you can print it, too!). colgate.edu/parent-resource-guide	Immediately
Discuss family expectations and come to an agreement on InfoShare access. Ultimately, the decision is up to the student, according to federal law. colgate.edu/infoshare , colgate.edu/parent-resources#FERPA	Immediately
If your student will be requesting disability accommodations for academics or housing, assist them in completing required paperwork for evaluation by the deadline. colgate.edu/making-needs-known , colgate.edu/housing-accommodations	Due June 10
Encourage your student to complete the housing preference form independently and accurately so that they and their roommates can be closely matched for expectations about living. (They will receive an information email in early June.)	Due June 15
Sign up to receive Parent & Family Communications like the newsletter and key updates. colgate.edu/parent-contact	Due June 15
Pre-Orientation registration (optional) is due. colgate.edu/pre-orientation	June 15
Colgate Academic Preferences and Experiences form is due. This form guides the development of incoming students' fall-semester course schedules.	June 29
Health immunization forms are due. colgate.edu/health-forms	July 1
Talk to your student about the benefits of granting an Authorized User for their Student Account in TouchNet. colgate.edu/paying-tuition-online	July 1
The AlcoholEdu and Sexual Assault Prevention for Undergraduates (SAPU) trainings are due. Have a discussion about these important matters. The talking points in the attached letter and parent handbook for talking about alcohol provide a guide.	July 13
Fall course schedules are released.	July 20
Fall semester bill and financial responsibility forms are due. colgate.edu/student-accounts	August 1
Student health insurance decision is due colgate.edu/required-health-insurance	August 1



Important Dates

DATE	DESCRIPTION
August 6–11	Wilderness Adventure Pre-Orientation (optional)
August 16–21	International Student Pre-Orientation (required, by invitation) Wilderness Adventure Pre-Orientation (optional)
August 17–21	Alumni Memorial Scholars Pre-Orientation (required) Various Pre-Orientation programs (optional)
August 21	Arrival Day
August 21–24	First-Year Orientation
August 24	Founders' Day Convocation
August 25	First Day of Classes
September 24	Homecoming
October 8–11	Mid-Term Recess
October 21–23	Family Weekend
November 7–11	Course Registration for Spring 2023 Term
November 19–27	Thanksgiving Recess
December 9	Last Day of Classes
December 10–11	Review Period
December 12–13	Examination Period
December 14	Review Period
December 15–16	Examination Period
December 17	Student Residences & Dining Halls Close to All Students at noon.*

*Except for students with prior approval from Residential Life

ARRIVAL DAY

Sunday, August 21, 2022

8 a.m.–noon Check-in and Move-in

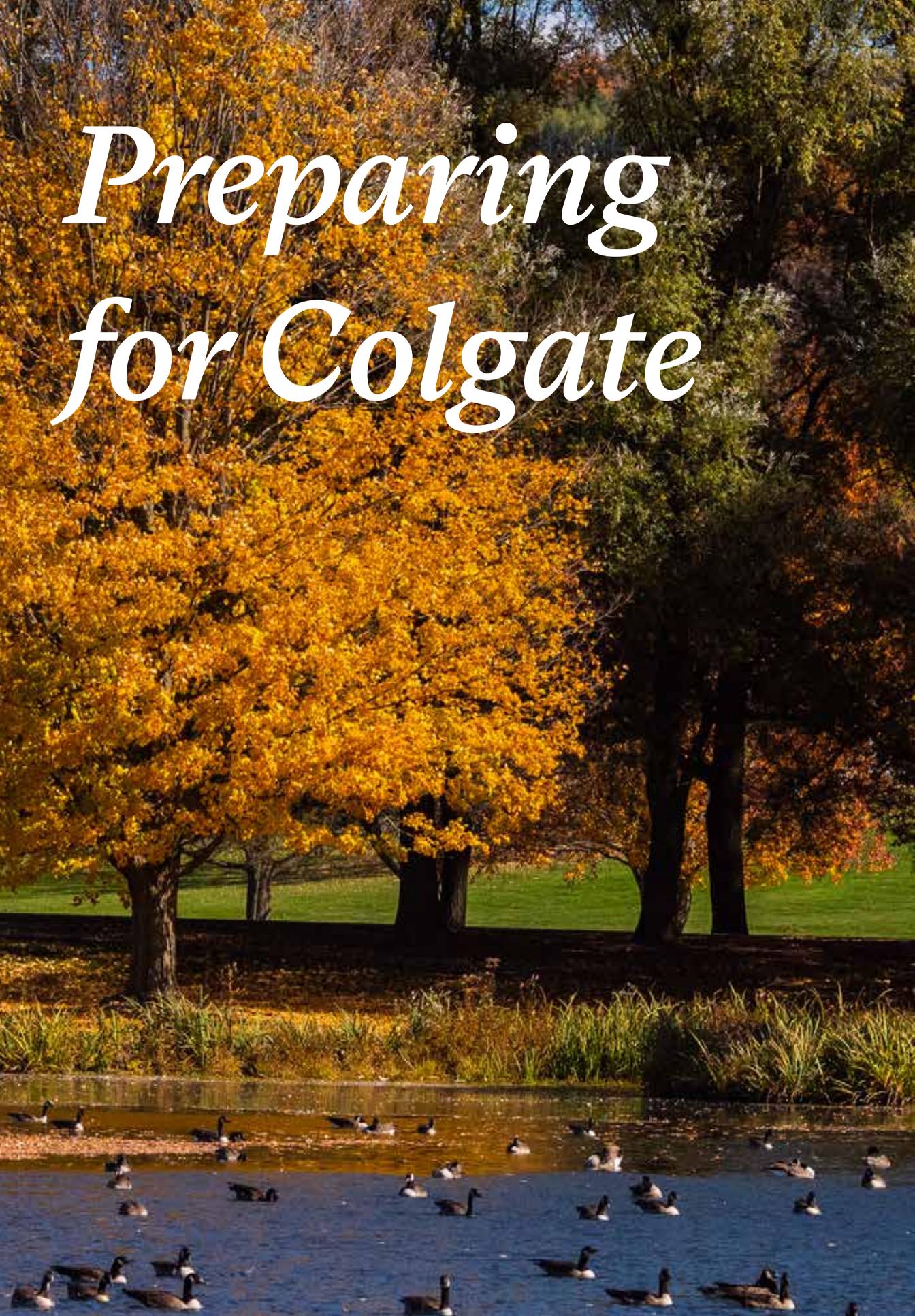
Arrival Day Sessions (Times subject to change)

10:30 a.m.–1 p.m.	Brunch/lunch available
1–2 p.m.	Parent & Family Orientation
2:15–3:30 p.m.	Ice Cream and Colgate Welcome
3:30–3:45 p.m.	Family Goodbyes
3:45 p.m.	New Student Orientation Begins

ACADEMIC CALENDAR

The academic calendar is the official and full listing, organized by semester, of important dates and academic-year milestones, including commencement. The schedule is established, approved, and published four years in advance. Full calendar is at colgate.edu/academic-calendar.

Preparing for Colgate



ACADEMIC LIFE AND SUCCESS

FIRST-SEMESTER COURSE SELECTION

Course selection and registration for incoming students will begin with filling out the Colgate Academic Preferences and Experiences form (rather than selecting specific classes). The student's course schedule (typically four courses) will be established from that form (due June 29).

A special group of Summer Advisers will be available to answer specific questions, such as about Advanced Placement credits or course selection for those planning to pursue a pre-med course of study. Students are also welcome to reach out to department chairs about major-specific questions, as well as to the Office of the Registrar about the process.

C More at colgate.edu/first-year-registration

ADVISING

Colgate provides layers of support for students and a variety of people to help them achieve their goals. Two of their primary contacts will be their **academic (faculty) adviser** and their **administrative dean**. Incoming students are notified of their advisers when they receive their course schedule. Encourage your student to build relationships with their advisers early on.

ACCESSIBILITY RESOURCES

Colgate welcomes individuals with diverse abilities and provides an inclusive learning and residential community through the Office of Disability Services. The office ensures that students with disabling conditions have equal access to the complete college experience (i.e., equal access to all programs, services, and activities offered). Students with a permanent or temporary disability are encouraged to contact the office to discuss the resources and services available to accommodate/adjust their individual needs in the classroom as well as housing or dining.

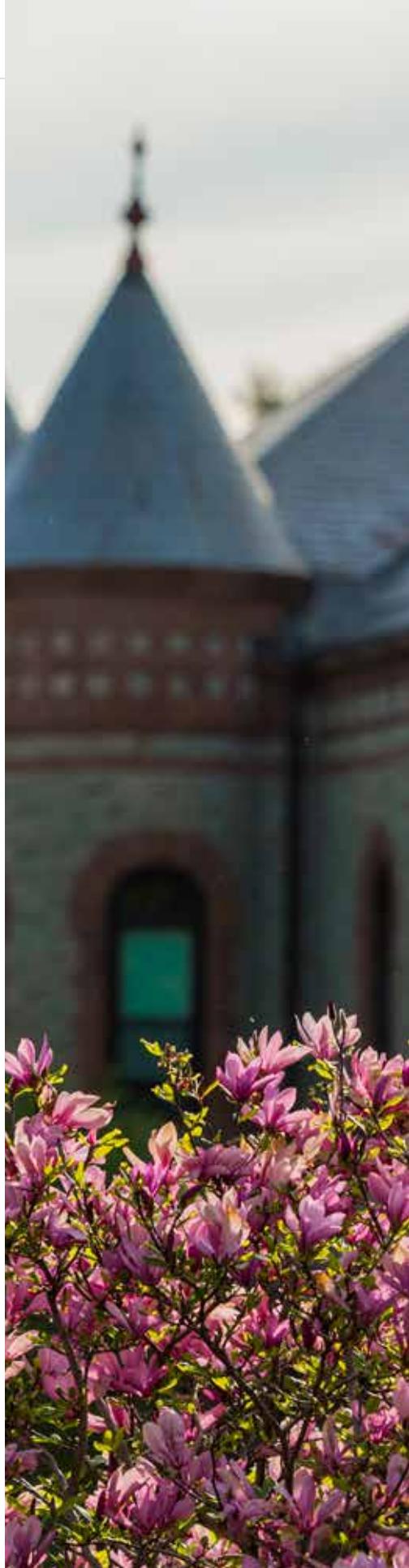
C More at colgate.edu/making-needs-known

ALCOHOL ABUSE AND SEXUAL ASSAULT PREVENTION

We know that the culture at Colgate will have an impact on your student's development, and that each student also has an impact on the campus culture. Our goal is to support and educate students as they develop through young adulthood and become engaged citizens. We also know that you are concerned about your student's safety and success at Colgate.

With this in mind, we enclose a letter and parent handbook for talking about alcohol. These materials outline Colgate's efforts to educate students about alcohol and other drug use and sexual violence prevention; to outline the resources, practices, and policies of this academic community; and to inspire your partnership in supporting them.

Before your student comes to campus, please set aside some time to review the materials and to have a frank and open discussion with them.



FINANCIAL MATTERS

We communicate with students as the responsible party throughout their Colgate career, including in matters of their student account. Billing notifications and reminders are sent to students' Colgate email addresses. Students should regularly check their Colgate email.

All student account information is presented online in TouchNet. Colgate does not issue paper statements for active students. Fall 2022 term e-statements will be available in early July, with a payment due date of August 1. Students have automatic access to TouchNet, which is where they can establish authorized users if desired (see below).

STUDENT ACCOUNT INFORMATION: AUTHORIZED USERS

We recognize that for many students, parents or other family members will assist with finances. **We have encouraged students who have this support to establish these individuals as authorized users on their student account on or before July 1.** Authorized users receive e-billing notifications; can view student account information; and can make e-payments on the student's behalf. Your student's authorization also allows our office to openly discuss and assist with questions and concerns related to student account information. Without it, we are unfortunately unable to discuss these details.

Authorized users are established by students via their TouchNet account.

Please note: Authorized user access is specific to Colgate student account information only. Students can grant different and separate third-party access related to financial aid, medical, and academic information.

FINANCIAL RESPONSIBILITY AGREEMENT FORM

A Financial Responsibility Form must be completed by every student prior to their first term of enrollment. The form serves as acknowledgment and understanding of financial responsibility to Colgate University.

Office of Student Accounts: 315-228-4817 or stuaccounts@colgate.edu
Office of Financial Aid: 315-228-7431 or fnaid@colgate.edu

C More at colgate.edu/studentaccounts

HEALTH AND WELLNESS

GENERAL HEALTH CARE

Taking charge of their own health care preparations is a good way for students to practice independence before coming to college. Consider having your student make their own appointments for their physical exam, immunizations, and other screenings as part of completing their health care paperwork. You can walk through the deadlines on the New Student Checklist together to help them ensure they complete everything on time.

COLGATE STUDENT HEALTH INSURANCE

Colgate University requires that all full-time students have health insurance that provides adequate coverage in the Hamilton, N.Y., area between August 1 and July 31 of each academic year. This requirement is fulfilled in partnership with collegiate specialist insurance broker Haylor, Freyer & Coon (Haylor) in one of two ways:

- Through Colgate's Student Health Insurance Plan, underwritten by Capital District Physicians' Health Plan (CDPHP). (*All non-domestic students are automatically enrolled in the Colgate plan.*)
- Through family or individual plan coverage that is comparable to the CDPHP plan (*domestic students only*).

Each academic year (even if a student's insurance coverage remains unchanged), Colgate requires all domestic students to complete an insurance decision form choosing one of two options.

1. *Confirm enrollment in CDPHP.* This option will officially activate your student's insurance with CDPHP.
2. *Waive enrollment* in the CDPHP plan by submitting proof of comparable coverage through another carrier (domestic students only).

Haylor administers this process. **The decision form will be available starting June 1, and the deadline for the 2022–2023 academic year is August 1, 2022.**

If no action is taken by August 1, 2022, students will be automatically enrolled in the CDPHP plan.

Additional details on these items and more were shared with your student and are available on our website: colgate.edu/studentaccounts. If you have any questions or need assistance, contact us at stuaccounts@colgate.edu or 315-228-4817.

PHARMACY AND MEDICATIONS

Students who are on maintenance medications typically continue to obtain them from their home pharmacy. Prescriptions can also be transferred to one of the two local pharmacies in Hamilton.

C More at colgate.edu/student-health-services

DIETARY RESTRICTIONS

Colgate is committed to accommodating students with food allergies and other dietary concerns. The dining services staff can best serve those who contact them; therefore, students with dietary restrictions can submit a Dietary Restriction Disclosure Form. They are also welcome to discuss their needs with Colgate's full-time dietitian before they arrive.

C More at colgate.edu/dietary-restrictions

MENTAL HEALTH CARE

Some students arrive at Colgate needing regular care and treatment by a private mental health counselor or psychiatrist. Because of Colgate's rural location, securing a provider and developing a plan for obtaining treatment, including transportation, before coming to campus is an important step. Most mental health providers will be found outside of Hamilton, the closest cities being Utica and Syracuse.

Students who are prescribed medication for mental health conditions and need periodic check-ins can ask the nurse practitioner in Student Health Services to coordinate with their prescribing physician at home.

C More at colgate.edu/counseling



Parent and Family Resources



Our parent communications give you the information you need to support your student's learning and empower them to take responsibility for personal, social, and academic choices.

RESOURCE GUIDE

This downloadable, printable guide explains what to expect and how things work in all areas at Colgate. Keep it handy for when you have a question.

C colgate.edu/parent-resource-guide

RESOURCES WEBPAGE

This webpage shares links to key information on the Colgate website of interest to parents and other family members. Find answers to commonly sought information, a glossary of college terms, suggested books for parents of college students, and links to key resources like our family contact information update form.

C colgate.edu/parent-resources

PARENT & FAMILY NEWSLETTER

Sent quarterly via email, the Parent & Family Newsletter covers timely topics and milestones tied to the academic year cycle. In it, you'll find:

- Articles to help you support your student's learning and development
- Information on events such as Family Weekend
- Upcoming deadlines

Your first newsletter will come in late July. Be sure to sign up for our emails at colgate.edu/parent-contact.

COLGATE UNIVERSITY PARENTS FACEBOOK GROUP



This is a private Facebook group where family members of current students share advice and information about practical matters relating to their students' Colgate experience. Please note that the group is not a primary source of information from Colgate. Join at <https://www.facebook.com/groups/ColgateParents>. Be sure to include your student's full name and class year and to select Agree to the Group Rules.

YOUR LIAISON



Have a question or concern? Contact Rebecca Downing, senior director of communications and parent initiatives, at parents@colgate.edu or 315-228-7415.

Parent & Family Initiatives

Office of University Communications and Events

315-228-7415

parents@colgate.edu

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