Counseling Services

Group clients
How to Telehealth
in 5 easy steps

1. Join a group by calling the office at 315-228-7385 or using the Appointment Request Form: **titanium.colgate.edu/titanium/ You must be connected via GlobalConnect VPN**

2. You will be scheduled for a Zoom pre-group meeting with the group counselor prior to attending the first group session.

3. To connect to the group, fill out your check-in form 15 minutes before the group meets: **titanium.colgate.edu/titanium/**

4. Sign into the Zoom link at the start time of the group and you will enter the Zoom waiting room

5. The group counselor will connect to the Zoom call to start the group session.

C | Counseling & Psychological Services
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For accessibility support, contact the Office of Disability Services at 315-228-7375

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