

November 12 | 11:30 am - 1:30 pm
Hall of Presidents

2019

Wellness & Benefits Fair



Join us at the Wellness & Benefits Fair! This is your opportunity to:

It Begins with you!

The first step toward good health begins with knowing all you need to know about your health and your healthcare options.

November 12

11:30 am - 1:30 pm

Hall of Presidents

Lunch Will Be Provided in Donovan's Pub

Colgate University
Human Resources

- Gather information
- Meet your benefit vendors
- Participate in: wellness assessment and Reiki: Energy Healing with Eli Barrett (Clark Room 12:00pm-12:20pm)
- Learn more about the CU Well Incentive
- Register for prizes
- And more!



CU WELL