



BRIDGES STRENGTH. HOPE. COMMUNITY.

Employee Assistance Program

FREE Workplace Benefit Available To All Employees And Their Family Members!

<u>Confidential</u> <u>Support with:</u> -Mental Health -Family Stress -Grief and Loss -Work Related Stress -Addiction **And More**!

In-Person, Virtual, or Phone Sessions Available by Appointment!

Call 315-697-3947

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