New Employee Discount Available

We are pleased to announce a new online employee discount for Colgate employees. We have partnered with the Corporate Shopping Company which features an incredible portfolio of top national retailers offering employee discounts, member benefits, corporate perks, student discounts and coupons.

Discounts are available from more than 200 of the world’s most popular online retailers, including Costco, Lands’ End, Ralph Lauren, Kate Spade, The Children’s Place, Overstock.com, Brooks Brothers, Macys, Target, Sephora, J.Crew, 1-800 Flowers, ProFlowers, Restaurant.com, and Shoes.com.

**Two types of discounts are offered:**

Certain retailers offer a set employee discount that employees can enjoy for their everyday shopping. A few examples include: 15% Off 1800Flowers.com, 15% Off Brooks Brothers Corporate Membership Program, 15% Off ProFlowers.com, 15% Off Shoes.com, 10% Off FragranceNet.com, and more.

Other retailers rotate their discount offers and make available for limited time periods. For example: 25% Off Land’s End Friends & Family, 25% Off Macys, 30% Off Timberland, 25% Off Ralph Lauren Private Sale, 10% Off Home Depot and more.

Many thanks to the collaborative efforts of the Purchasing Department, ITS and Accounting to make this available to Colgate employees. Best of all, this discount was able to be obtained without incurring any cost to Colgate.

Colgate joins the growing list of universities that feature these benefits including Northwestern, Cornell, NYU, University of Michigan and Penn State, just to name a few.

The shopping portal is updated daily in real-time to capture and feature the absolute best employee deals available in the marketplace.

To start enjoying savings on your personal purchases, register at https://corporateshopping.com/login/colgate using a personal e-mail address and password. The website is mobile-friendly.

* (Continued on Page 2)
Carbon emissions reach all-time low at Colgate University
Submitted by John Pumilio, director of sustainability

The Office of Sustainability just completed Colgate's annual greenhouse gas inventory and we are happy to report that our emissions are at an all-time low. In FY 2014, our gross emissions were 13,002 metric tons of carbon dioxide equivalent (MTeCO2), down from 13,391 in FY 2013. Since our baseline in 2009, we have reduced our emissions by 4,842 MTeCO2 or by 28 percent. Despite a dramatic increase in the consumption of fuel oil #2 following the heating plant upgrade and a particularly cold and long winter, 2014 marked a year of positive trends. Colgate's continuing drop in emissions associated with our vehicle fleet, refrigerant use, fertilizer use, electricity consumption, commuting, business travel, and paper use is due to the ongoing implementation of effective behavior change programs, numerous energy conservation and efficiency projects, and meticulous implementation of the projects and policies specified in our 2011 Sustainability and Climate Action Plan (S-CAP).

Projects that have reduced our campus carbon footprint include a lighting upgrade in Sanford Field House; the installation of a solar energy array on 100 Broad Street; the replacement of all washers and dryers on campus to more water and energy efficient ENERGY STAR rated models; and trayless dining in Frank Dining Hall. We also installed alarm systems on all 112 fume hoods on campus to help prevent energy waste when sashes are left open unnecessarily. We estimate that the fume hood project has reduced energy use by 20-30% in each of our science buildings. We also purchased four new bikes for our Green Bikes Program, maintained a reduced mowing program to include over 30 acres of land, and achieved LEED certification for the Lathrop Hall renovation. These projects are part of a suite of projects that have not only reduced our campus carbon footprint but have also resulted in over $500,000 of avoided annual spending due to energy, water, and resource conservation.

In Fiscal Year 2014, Colgate also received American Tree Farm System certification for our 1,059 acres of forested land which confirms our long-term commitment to sustainable forest management. This certification coupled with a comprehensive tree survey estimated that 1,578 tons of carbon are sequestered annually by Colgate's forested lands. This coupled with our investment in renewable energy certificates (RECs) and carbon offsets have reduced our net campus emissions to 4,634 tons. This is one of the lowest levels of emissions of any institution in the country and puts us in excellent position to achieve our institutional goal of carbon neutrality by 2019.

Updates from the Purchasing Department

The University is in development and testing of the Concur Expense and Concur Travel systems. At the same time we are working to blend Christopherson Business Travel into this major project as well. Two implementation teams have been working over the last few weeks to develop and merge the various components of this project. These two groups have made significant progress in a short period of time, but still more testing and development work needs to be performed before this project is complete.
CU Well Lunch & Learn

On February 24 from 12:15 to 1 p.m. join the Shaw Wellness Institute for the employee wellness program titled How Money Works. Back by popular demand, this informative presentation will offer details on financial wellness for employees, and will be led by Dan DeBlois, who originally conducted this session in the fall.

Information will be provided on how to manage your finances and make decisions to provide for a lifetime of financial wellness.

Please use the following link to sign up.
Questions may be directed to Shannon Hanby at the Shaw Wellness Center at ext. 6402.

Sponsored by Human Resources and the Shaw Wellness Institute.

New Excellus ID Cards

By now you should have received new member identification cards for Excellus BCBS. Please use these cards when you receive health care services, effective immediately. The only change to the card is the Emergency Room Copay. Your ID number is the same. To avoid disruption in service, make sure your new ID card is given to your doctor and any other health care providers you may see.

If you did not receive your new cards, please contact Excellus at 1-800-765-5224 or go to www.excellusbcbs.com to request them.

Save the Date - Biometric Screenings

Viverae health professionals will be onsite to conduct biometric screenings on the following dates by appointment only:

When: Tuesday, February 10 & Tuesday, April 7
8:00 a.m. – 5:00 p.m.

Where: Clark Room, James C. Colgate Hall

A Biometric Screening consists of a finger stick to measure your cholesterol, (total, LDL and HDL), triglycerides, cardiac risk, and glucose. The screening will also check your blood pressure and body composition (including height, weight, Body Mass Index (BMI) and waist measurement).

This will fulfill the biometric screening requirement for the CU Well Incentive Program. Visit www.MyViverae.com to reserve an appointment.

A Note to Retirees Who Receive the Open 'Gate:

In an effort to increase our sustainability efforts and reduce costs, we will no longer be printing and mailing the Open 'Gate as of April 2015.

The Open 'Gate will continue to be available online at http://www.colgate.edu/working-at-colgate/resources/opengate.

You may also receive the Open 'Gate via email. If you would like to join our email list, please let us know by contacting Human Resources at humres@colgate.edu or by calling 315-228-7411.

What does February 13, March 13 and November 13 have in common?

It’s Colgate Day! It is a celebration amongst the Colgate community of students, alumni, parents, staff, faculty, and friends across the globe to celebrate our love of the number 13 and announce our affiliation by wearing school regalia and/or maroon. Colgate Day is held anytime the 13th day of the month falls on a Friday...this year it happens three times! Grab your favorite Colgate fashions and wear them proudly on Colgate Day!
Wellness Spotlight
Submitted by Thad Mantaro, director, Shaw Wellness Center

February Is American Heart Month
From the U.S. CDC

During the month of February, Americans see the human heart as the symbol of love. February is American Heart Month, a time to show yourself the love. Cardiovascular disease (CVD)—including heart disease, stroke, and high blood pressure—is the number 1 killer of women and men in the United States. It is a leading cause of disability, preventing Americans from working and enjoying family activities. CVD costs the United States over $300 billion each year, including the cost of health care services, medications, and lost productivity.

Understanding the Burden of CVD
CVD does not affect all groups of people in the same way. Although the number of preventable deaths has declined in people aged 65 to 74 years, it has remained unchanged in people under age 65. Men are more than twice as likely as women to die from preventable CVD. Having a close relative who has heart disease puts you at higher risk for CVD.
Race and ethnicity also affect your risk. Nearly 44% of African American men and 48% of African American women have some form of CVD. And African Americans are more likely than any other racial or ethnic group to have high blood pressure and to develop the condition earlier in life.
Many CVD deaths could have been prevented through healthier habits, healthier living spaces, and better management of conditions like high blood pressure and diabetes.

Take It One Step at a Time
As you begin your journey to better heart health, keep these things in mind:
- Try not to become overwhelmed. Every step brings you closer to a healthier heart, and every healthy choice makes a difference!
- Partner up. The journey is more fun—and often more successful—when you have company. Ask friends and family to join you.
- Don’t get discouraged. You may not be able to take all of the steps at one time. Get a good night’s sleep—also important for a healthy heart—and do what you can tomorrow.
- Reward yourself. Find fun things to do to decrease your stress. Round up some colleagues for a lunchtime walk, join a singing group, or have a healthy dinner with your family.

Try out these strategies for better heart health. You’ll be surprised how many of them can become lifelong habits!

Work with your health care team
Monitor your blood pressure
Get your cholesterol checked
Eat a healthy diet
Maintain a healthy weight
Exercise regularly
Don’t smoke
Limit alcohol use
Manage your diabetes
Take your medicine

Need more inspiration? The "28 Days to a Healthier Heart" tips can inspire you throughout February and all year long.
This spring semester, Colgate University welcomes internationally acclaimed artist Mark Dion as Christian A. Johnson Endeavor Foundation Artist in Residence, and from February 11 to March 23, you are invited to make art with the artist. The Clifford Gallery (101 Little Hall) will be transformed into the artist’s “Wonder Workshop” with Dion’s interest in cabinets of curiosities (Wunderkammern) at the core of the new installation to be created in collaboration with the community. Upon completion, the three-dimensional objects created in the workshop, based on illustrations of 16th- and 17th-century cabinets of curiosities, will be moved to a large cabinet built specially for the project.

A partner exhibition is on view in the Picker Art Gallery (Dana Arts Center) from January 22–May 17, 2015 and features more than 40 works by Dion—including sculpture, prints, and artist books—spanning from the early 1990s to the present day. Objects on view in the Picker Art Gallery serve as a touchstone for the artist’s work as his collaborative project is underway in the nearby Clifford Gallery.

### GENERAL INFORMATION

**EXHIBITION:**

January 22–May 17, 2015, Picker Art Gallery  

Hours: Tuesday–Friday, 10 a.m.–5 p.m.; Saturday and Sunday, noon–5 p.m.; and the third Thursday of every month, 10 a.m.–8 p.m. Closed Mondays and major holidays.

**WONDER WORKSHOP:**

February 11–March 23, 2015, Clifford Gallery  

Public Workshop Hours: Daily, 10:30 a.m.–4:30 p.m. and 7–10:30 p.m.

**WONDER WORKSHOP CABINET INSTALLATION:**

March 25–April 10, 2015, Clifford Gallery  

Hours: Monday–Friday, 10:30 a.m.–4:30 p.m.; Saturday and Sunday, 1–5 p.m.  

Please contact the Clifford Gallery to confirm weekend hours.

### OPENING EVENTS

**All are free and open to the public.**

**FEBRUARY 11, 2015**

4:30–5:30 p.m., Lecture by artist Mark Dion  
Golden Auditorium, 105 Little Hall  
Opening remarks by Douglas Hicks, provost and dean of the faculty; Lynette Stephenson, professor of art and art history; and Anja Chávez, director of university museums

5:30–8 p.m., Exhibition Opening Reception  
Picker Art Gallery, Dana Arts Center

**MARCH 25, 2015**

4:30 p.m., Conversation with artist Mark Dion and Jill Shaw, Picker Art Gallery senior curator of collections  
Wonder Workshop Cabinet Installation Reception to follow  
Clifford Gallery, 101 Little Hall

For more information, please contact:
Clifford Gallery, Department of Art and Art History, 101 Little Hall 315.228.7633 | cliffordgallery.org  
Picker Art Gallery, Dana Arts Center 315.228.7634 | colgate.edu/picker
New Hires

Sarah Horowitz has accepted the position of curatorial assistant in the Picker Art Gallery effective January 26. She was previously a gallery assistant at Edgewater Gallery in Middlebury, VT. Sarah also has curatorial experience in museums throughout New England and New York City. She has a master’s in art history from the University of Massachusetts, Amherst. Sarah enjoys reading, dance fitness, art and music.

Molly Ogden has accepted the position of senior textbook buyer in the Colgate Bookstore. She has a bachelor’s degree in social sciences/history from Clarkson University. Molly enjoys reading, cooking and baking.

Transfers/Promotions

Maureen McKinnon has accepted the sr. administrative assistant to the VP and sr. advisor, secretary to the Board of Trustees effective February 16.

Ashley Weaver has accepted the position of administrative assistant for planning, design and construction effective January 26.

Congratulations!

To JS Hope, chief investment officer, administrative liaison for Seven Oaks, who was recently appointed to a 2-3 year term on the NCAA Investment Committee. The committee oversees 700 million in total assets.

Birth Announcements

Kristin Baker, assistant volleyball coach, and Ryan Baker, head volleyball coach, welcomed son Brody Michael on January 15.

February Anniversaries

35 Years
Tony Torchia, document services

25 Years
Jim Albertina, facilities

20 Years
Brian Marks, recreational sports
Carolee White, finance and administration

15 Years
Loren Hutchings, facilities

10 Years
Sue Solloway, registrar

New courses

Available free to employees! Log on through the portal to browse the online course catalog.

New courses are being added frequently and include:

- Creating and Managing Your Google Account
- Mac OS X Yosemite Tips and Tricks
- Communication Tips
- Learning to be Assertive

Colgate Swans Moved to Their Winter Habitat

The legendary Colgate swans were safely moved to their winter habitat last month. It didn't take much coaxing, they happily went along for the ride, and are looking forward to returning to a warmer campus this spring!

Available free to employees! Log on through the portal to browse the online course catalog.