FALL TWO 2017 OUTDOOR EDUCATION PE SCHEDULE

Local Day Hike

Here is a great opportunity to get away for a few hours and explore the best of CNY! In these outings you will be exploring nature and enjoying fabulous views within our local area. $15

Limit 10

Class 1: Thursday October 12 4:30 - 7:30 pm
Outing: Saturday October 14 9:00 am - 5:00 pm

Day Peak Hike

Want to explore the Adirondacks and catch amazing views? This is the class for you! Class time will cover the basics of navigation and trip planning. You will get a chance to summit Blue Mountain in the town of Blue Mountain Lake, which is centrally located in the Adirondacks. $25

Limit 10

Class 1: Wednesday November 1 4:30 - 7:30 pm
Outing: Saturday November 4 8:30 am - 7:00 pm

Backcountry Cooking

Ever wonder why everything tastes better in the outdoors? You will cook delicious food from ‘scratch’ and be on your way to becoming the next backcountry Iron Chef! Have four dinners with your class and learn how to please your belly with artfully crafted food in the wilderness. $25

Limit 10

Class 1: Wednesday October 11 4:15 pm - 6:45 pm
Class 2: Wednesday October 18 4:15 pm - 6:45 pm
Class 3: Wednesday October 25 4:15 pm - 6:45 pm
Class 4: Wednesday November 1 4:15 pm - 6:45 pm

Mountain Biking

We know what you’re thinking: “That sounds hard, maybe I’m not in shape for this.” Oh but you are! Really! We will start on flat grassy trails and work our way up to rolling hills. By the end of the course, you will be on single-track terrain banking through the forest on Colgate’s very own trails that are JUST OUTSIDE YOUR BACK DOOR! On your Saturday outing, you’ll get to ride on one of the many single-track destinations in the region. Bike rental is included in the course cost or you may bring your own, and between classes you can take a bike out for practice rides. You will learn essential trail riding techniques and bike maintenance. Beginner friendly, no experience necessary! $35

Limit 7

Class 1: Friday October 13 3:00 - 6:30 pm
Class 2: Friday October 20 3:00 - 6:30 pm
Class 3: Saturday October 21 9:00 - 5:00 pm
Geocaching

Geocaching is a real-world, outdoor treasure hunting game using GPS-enabled devices. Participants navigate to a specific set of GPS coordinates and then attempt to find the geocache (container) hidden at that location. **What do you find in the cache? Treasure!** However, the point of geo-caching is not the cache, but the journey. In this class, you will learn all about geo-caching, as well as how to navigate with a GPS in the backcountry, and you'll discover the numerous hidden cache's that are hiding all around Colgate and Hamilton! Get excited, because geocaching is AWESOME! **$20**

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<th>Class 1</th>
<th>Friday</th>
<th>October 20</th>
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<tr>
<td>Class 2</td>
<td>Friday</td>
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<td>Class 3</td>
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**Intro to Outdoor Rock Climbing**

This introduction to rock climbing will get you well on your way to becoming the local super hero on the cliff. Develop a skill set of knots, rope handling and movement on vertical terrain. Learn the basics of safe climbing and hone your technique as you finesse your way up the wall! The first two classes at the climbing wall followed by a local outing. The rain date will only be used if too wet to climb on your outing day. **$30**

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<tr>
<th>Class 1</th>
<th>Tuesday</th>
<th>October 31</th>
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<tr>
<td>Class 2</td>
<td>Tuesday</td>
<td>November 7</td>
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<td>Outing</td>
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<td>November 11</td>
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**Intermediate Rock Climbing**

This class is tailored for students with some previous outdoor climbing experience. The goal of this class is to develop some more advanced technical skills in the outdoor setting to get you on a path towards independence in outdoor rock climbing. After a quick review of the basics, we will delve into some of the more technical gear and anchor building that goes into climbing outdoors. Additionally, we will climb on some more challenging routes and get to multiple climbing destinations to diversify your climbing experience. **$40**

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<td>Outing 1</td>
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<td>Outing 2</td>
<td>Sunday</td>
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Fall Foliage Canoeing  
Limit 10

Come and participate in the oldest method of water travel. This fun introduction to canoeing includes an evening class to cover the basics before a full day of paddling on Indian Lake during peak fall foliage in the Adirondacks! There is no better time to experience the outdoors in our region. No previous experience needed. $30

Class 1:  
Outing:
Friday  
Saturday  
October 20  
October 21  
3:00 - 7:00pm  
8:00 - 7:00pm

Fall Sampler  
Limit 9

Split your time between land and water! Explore some of the most interesting spots in the Chenango Valley and beyond through a variety of activities. You'll learn more about your home here and leave feeling well acquainted with local hiking and paddling options. Our instructors have diverse skillsets and passions that will help steer the direction of the course, which has in the past included biking, climbing, slacklining, and yoga! $30

Class 1  
Class 2  
Outing 1:  
Friday  
Friday  
Saturday  
October 20  
November 3  
November 4  
3:00 - 7:00pm  
4:30 - 7:00 pm  
8:30 - 6:00 pm

Pool Paddling  
Limit 9

This class is designed for people looking to delve into the world of whitewater kayaking or hone their skills before next season starts up in a warm, safe environment: the Lineberry Natatorium. This class will cover the basics needed to get started but will then become more of a build your own adventure for what skills you want to learn next. The instructors will work with you on various types of strokes, rescues, ROLLS, and even a few cool playboating tricks. $30

Class 1:  
Class 2:  
Class 3:  
Class 4:  
Thursday  
Thursday  
Thursday  
Thursday  
October 20  
October 26  
November 2  
November 9  
November 16  
6:30 pm - 9:00 pm  
6:30 pm - 9:00 pm  
6:30 pm - 9:00 pm  
6:30 pm - 9:00 pm