**Overnight Winter Peak Hike**

Stay in a posh Adirondack cabin among the High Peaks for a night and get a chance to summit one of the mountains in the region. With the peaks crusted in ice and layered in snow, making your way to the top is like entering another world. Weather and winds can make the adventure that much more exciting, but with the right layers and the use of our modern snowshoes, we can help you get to the top. **Choose one of the four options below based on what works best with your schedule. Cost: $50**

**Overnight Winter Peak Hike 1A**

- **Prep Class:** Tuesday, January 30, 4:30 - 7:00 pm
- **Outing:** Friday, February 2; 4:00pm - Saturday, February 3; 7:00pm

**Overnight Winter Peak Hike 1B**

- **Prep Class:** Wednesday, January 31, 4:30 - 7:00 pm
- **Outing:** Saturday, February 3; 7:00am - Sunday, February 3; 2:00pm

**Overnight Winter Peak Hike 2A**

- **Prep Class:** Wednesday, February 28, 5:00 - 7:30 pm
- **Outing:** Friday, March 2; 4:00pm - Saturday, March 3; 8:00pm

**Overnight Winter Peak Hike 2B**

- **Prep Class:** Thursday, March 1, 4:30 - 7:00 pm
- **Outing:** Saturday, March 3; 7:00am - Sunday, March 4; 2:00pm

**Tug Hill Winter Camping - XC Ski Touring**

Interested in learning the basics of cross-country skiing while camping in our local winter wonderland? Then this is your course! Come learn the secrets of good glide, rich hot cocoa, snow angels, and how to stay warm in your sleeping bag on a starry winters eve. You will be on Telemark skis and carrying backpacks to the campsite. No ski experience necessary. **Cost: $35**

- **Class 1:** Tuesday, February 13, 4:30 - 7:30 pm
- **Class 2:** Friday, February 16, 4:00 - 7:00 pm
- **Outing:** Saturday, February 17; 8:00am - Sunday, February 18; 4:00pm

**Tug Hill Winter Camping - Snowshoeing**

Camping in the winter can sound daunting, but with the right gear and a whole lot of snacking, you will find that hanging out in the Narnia that is the Tug Hill plateau is actually quite fun. You will be using snowshoes to get from the trailhead to your campsite, carrying your gear in your backpack. No previous snowshoeing experience is required. **Cost: $30**

- **Class 1:** Tuesday, February 20, 4:30 - 7:30 pm
- **Class 2:** Friday, February 23, 4:00 - 7:00 pm
- **Outing:** Saturday, February 24; 8:00am - Sunday, February 25; 4:00pm
**Intro to Telemark Skiing**

Free your heel and the rest will follow! Practice the oldest form of downhill skiing and make telemark turns throughout CNY! Classes will be held at Base Camp and Toggenburg Mountain where you will explore as much terrain as your skills allow. This is a great for alpine skiers or boarders looking to stay entertained on smaller CNY hills and for Nordic skiers looking to get into downhill skiing. This class is not appropriate for first time skiers-some experience on cross country skis, alpine skis, or snowboarding is a pre-requisite. **Cost: $70** (includes ski passes and equipment)

| Class 1: | Thursday | February 22 | 4:30 - 8:00 pm |
| Class 2: | Tuesday  | February 27 | 4:30 - 10:00 pm |
| Class 3: | Saturday | March 3  | 9:00 - 6:00 pm |

**Make-Up Day (if needed for inclement weather):** Sunday, March 4; 9:00-6:00 pm

**XC-Skate Skiing**

Imagine your self speed skating a la Apolo Ohno style, but instead you have poles and skinny skis! Skate Skiing is Classical skiing’s sexier little brother. This might just become your new favorite winter activity so sign up and give it a try! **Cost: $35**

| Class 1: | Tuesday | January 30 | 4:30 - 7:00 pm |
| Class 2: | Saturday | February 3 | 9:00 - 6:00 pm |
| Class 3: | Saturday | February 10 | 9:00 - 6:00 pm |

**XC-Classic Skiing**

XC skiing has a long human history for hunting, military travel and possibly even transport through rice fields in china. Now it is most commonly seen as a recreational activity for all ages as its very LOW impact. Believe us when we say that skiing is WAY more fun (and easier on the body) than running on a treadmill in the winter. Use this semester as an opportunity to learn this new lifetime skill and to also learn how to enjoy winter! A winter wonderland and a great workout await you! **Cost: $35**

| Class 1: | Thursday | February 15 | 4:30 pm - 7:00 pm |
| Class 2: | Saturday | February 17 | 9:00 am - 6:00 pm |
| Class 3: | Saturday | February 24 | 9:00 am - 6:00 pm |

**Ice Climbing High Peaks Weekend**

Join us in the High Peaks of the Adirondacks for a full weekend of ice climbing! Drive up on Friday and stay in our posh Adirondack cabin. Wake up in the morning and head straight to the frozen walls for your first ice climbing lesson. We will walk through ice climbing safety and basic technique to give you everything you need to know to succeed. Spend the evening hanging out in the cabin, playing games, and doing puzzles. Sunday we will try out a second climbing location and continue to build on the fundamentals we learned the day before. **NO PREVIOUS EXPERIENCE REQUIRED** **Cost: $85**

| Prep Class: | Tuesday | February 5 | 4:30 - 7:00 pm |
| Outing:     | Friday, February 9; 4:00pm - Sunday, February 11; 7:00pm |